

Dear Families/Caregivers,

Fairness is an important social skill. Young students begin to understand fairness by learning to share and take turns. As students mature, they develop an understanding that equality is treating everyone the same; whereas fairness is providing everyone what he or she needs to succeed.

We have been learning about our basic human rights and responsibilities. Rights are freedoms that belong to all people. Responsibilities are things we have to do to protect our rights and the rights of others. Some of our basic human rights and responsibilities include:

- The right to feel safe and the responsibility to act in a way that keeps ourselves and others safe.
- The right to speak freely and express our ideas and opinions and the responsibility to be respectful of other people's ideas and opinions.
- The right to be treated fairly and responsibility to treat others fairly.
- The right to our own beliefs and the responsibility to respect the beliefs of others.

Talk with your teen about how these rights and responsibilities are present in his or her life. Help your teen to identify times or situations that his or her rights aren't being honored or respected. Encourage your teen to respect the rights of others.

Understanding our rights and the rights of others helps us all to live happy and healthy lives.