

Dear Families/Caregivers,

Respect is the belief that you and others are important. Respect shows that you care about your feelings and the feelings of others. Effective social skills include an understanding of appropriate respect of the group dynamics – the roles each person has within the group.

We learned how to show respect at school. We can show respect by:

- treating others the way we want to be treated;
- listening when others are talking;
- engage in conversation by answering questions, offering your ideas, and asking questions;
- chewing with our mouths closed and cleaning up after ourselves;
- accepting the choices that others make;
- being mindful of personal space in the hallways; and
- remain in our seat and clean up after ourselves on the bus.

Here are a couple of ways that you can help your teen show respect to others:

- Model good communication skills. Giving your full attention to your teen when he or she talks demonstrates respect for your teen. Providing feedback, even when you don't agree with him or her, shows that you are listening and care.
- When you experience a new place or meet new people, talk with your teen about how he or she can show respect in those places. Help your teen to notice how different spaces require different forms of respect.